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WELLNESS

Art for Physical and Emotional Healing (Virtual 360 Degree Exhibition)
May 4 - June 30, 2020
Curated by John Quatrale
Exhibition Assistant - Alyssa Goins

Public Exhibition Opening Program (Zoom)
Thursday, May 21, 7:00-8:30 PM

Unbound Visual Arts (UVA) is pleased to present its first virtual 360 degree exhibition WELLNESS: Art for Physical and Emotional Healing from May 4 - June 30, 2020. This curated exhibit can be seen and experienced in the Unbound Visual Arts Virtual Exhibition Gallery 24 hours a day at UnboundVisualArts.org/wellness-virtual-exhibit. This event showcases 29 works by 13 UVA member artists and their different understandings of physical, mental, and emotional health and wellness — the wellness of a person, an animal, and even nature itself, and the interaction and relationship among all three. The works in the exhibit demonstrate how art can help us both understand and represent the concept of wellness.
On Thursday May 21, 2020, there will be a public opening program and reception via Zoom with many of the artists from 7:00-8:30 PM. There will also be three short artist talks, a guided tour by the curator and a special Spotify music playlist. Advance registration is required by emailing Info@UnboundVisualArts.org to receive the Zoom link.

The artists include Linda Clave, Anita Helen Cohen, Marian Dioguardi, Dianne (Iyan) Freeman, Francis Gardino, Lynda Goldberg, Pauline Lim, Nhung Mackey, Nadia Parsons, Ruth Rieffanaugh, Diane Sheridan, Christine Winship, and Ellen Zellner.

Unbound Visual Arts (UVA) is a 7-year-old local 501(c)(3) non-profit organization of artists and art enthusiasts based in Allston-Brighton. UVA enriches the community with educational and inspiring art exhibitions and programs. UVA has completed over 70 curated educational art exhibitions in 11 locations across 8 communities and has over 200 members and supporters. To learn more, visit www.UnboundVisualArts.org or call 617.657.4278.